



CENTRE FOR CREATIVE THERAPIES

Client Details*:	
Name:	GP name:
Date of birth:	GP address:
Address:	
Phone:	GP Phone:
Email:	GP Email:

Referring Agency details*:
Name of referrer*:
Position:
Keyworker name <i>(if different)</i> :
Organisation:
Contact number(s):
Email:

Reasons for referral:
Can you outline how you think creative arts therapy can be helpful to you?

Mental health history*:
Are you currently in therapy eg. Counselling, addiction therapy, psychotherapy etc.? Y_ N_ If yes can you please specify: _____

Available psychiatric diagnosis:

Office use only:

Date of receipt: ___/___/___ Referrer/service user contacted on: ___/___/___

Assessment offered on: ___/___/___ Initial appointment offered on: ___/___/___

Please give details: _____

Name of psychiatrist or mental health
team: _____



FIRST FORTNIGHT

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Addiction/substance misuse history:

Do you engage in substance/alcohol misuse: Y__ N__

If yes please give details and frequency: _____

Are you actively participating in a stabilisation programme? Y__ N__

If Yes please give details: _____

Do you have any convictions? (*answering yes does not exclude you from art therapy*)

For the referrer:

Risk assessment

Is this client suitable for one to one work: Y__ N__

Does the client understand that they will not be able to engage in any sessions whilst under the influence?: Y__ N__

Is the client aware they are being referred to this service and full consent has been given by client?
Y__ N__

Office use only:

Date of receipt: ___/___/___ Referrer/service user contacted on: ___/___/___

Assessment offered on: ___/___/___ Initial appointment offered on: ___/___/___

Does the client understand what art psychotherapy entails? Y__ N__

Has s/he received an information leaflet: Y__ N__

Does the client have any mobility issues?

Signature of
client: _____

Date: _____

Name of client
(*printed*): _____

Signature of referrer:

Date: _____

Name of referrer
(*printed*): _____